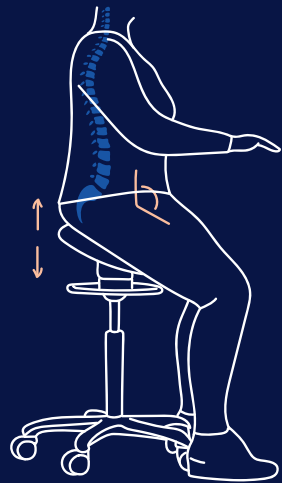


1

how do you set your saddle chair to the right height?

Or in other words: what's the perfect saddle chair for your height? This might be the most important aspect when choosing a saddle chair. Because you don't want your feet dangling above the floor, because that's really not comfortable. In the overview on the next page you will see which saddle chair best suits your height.

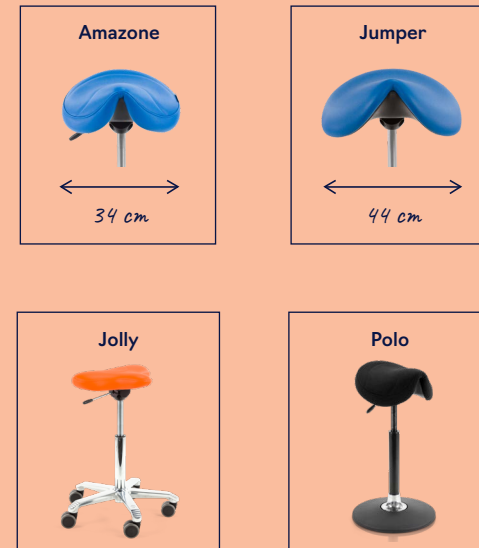
With the gaslift height adjustment lever, you set the height of your saddle chair so that your hip angle is wide enough that you can put your feet flat on the floor in a relaxed position. Then adjust your desk to the correct height.



2

what is the perfect fit?

Wider, narrower, compact or with a bicycle seat? There are two seat shapes to choose from for the saddle chair: the narrower Score Amazone and the slightly wider Score Jumper. We also have the playful Score Jolly with its bicycle seat and the compact Score Polo with Amazone or Jumper seat with its flexible base that moves along with you.



3

which mechanism or base do you choose?

Do you choose the unique Balance mechanism that makes the saddle move along with you and has a positive effect on your muscles and spine? You can adjust the amount of movement with a ring under the saddle seat. Or do you simply choose a fixed or adjustable sitting angle? The latter allows you to tilt the seat forward and backward for an optimal open hip angle. The flexible base of the Score Polo allows dynamic adjustability of 4 degrees.



4

extra support?

Choose a lumbar support or armrests for extra support for your (lower) back or arms. For a multi-purpose support, go for the 360° Support, which, as the name already reveals, can be rotated 360°. This means that you can use it not only as support for your arm or lumbar area, but also as abdominal support. Choose the foot-operated height adjustment to set the correct height of your saddle chair while keeping your hands free for work. Really super handy!



choose the right saddle chair

Choose the right saddle chair for your height!

	Score Amazone adjustable seating area or Balance, with lumbar support / Jolly	Score Amazone fixed or adjustable seating area, without lumbar support / Jolly / Polo
Low (MID25) Seat height: approx. 49 - 63 cm	< 165 cm	< 166 cm
Standard (MID31) Seat height: approx. 59 - 77 cm	160 - 185 cm	155 - 180 cm
High (MID38) Seat height: approx. 63 - 88 cm	> 170 cm	> 165 cm

	Score Jumper adjustable seating area or Balance, with lumbar support / Jolly	Score Jumper fixed or adjustable seating area, without lumbar support / Jolly / Polo
Low (MID25) Seat height: approx. 49 - 63 cm	< 170 cm	< 165 cm
Standard (MID31) Seat height: approx. 59 - 77 cm	165 - 190 cm	160 - 185 cm
High (MID38) Seat height: approx. 63 - 88 cm	> 175 cm	> 170 cm

In doubt? 75% of our customers prefer the Score Amazone. Of course you can also ask for a trial period via our website or make an appointment to try them out in our showroom.

TIP! Do you wear high heels? Then add the height of your heels to your own height.

You can of course also select various options and accessories such as types of bases or castors. But there is also a choice of fabrics and corresponding colours. Need help choosing? Our experts are happy to advise you. Or take a look on our website www.scoreseating.com

